



# Post Graduate Teaching Department of Law

## Rashtrasant Tukadoji Maharaj Nagpur University

Organises

### “One Day Skill Development Workshop”

On 11th February, 2023

**Session-I**  
(9:30 to 10:30 am)



**Dr. Madhavi Mardikar**

Head, Department of Physical  
Education, RTMNU

Topic : “Stress Management”

**Session-II**  
(10:30 to 11:30 am)



**Mr. Rahul Bhosale**

Special Judge, CBI Court,  
Nagpur

Topic : “Knowing our court System”

**Session-III**  
(12:00 to 1.00 pm)



**Dr. Aachal Mundafale**

Assistant Professor, MAM College of  
Social Work, Narkhed

Topic : “Language Skill”

## **REPORT**

**The Post Graduate Teaching Department of Law, Rashtrasant Tukadoji Maharaj Nagpur University Organised a "One Day Skill Development Workshop" Dated 11th February, 2023 (Saturday) held from 9.30 a.m. to 1 p.m.** There were three sessions in the said workshop. The noteworthy resource person of the **Session-I** was **Dr. Madhavi Mardikar, Head, Department of Physical Education, RTMNU**, enlightened us on the topic of **Stress Management**. The keynote speaker of the **Session-II** was **Mr. Rahul Bhosale, Special Judge, CBI Court, Nagpur**, emphasized on **Knowing Our Court System**. The **Session-III** was proceeded with the illustrious resource person **Dr. Aanchal Mundafale, Assistant Professor, MAM College of Social Work, Narkhed**, thrown light upon the **Language Skills**.

Under the aegis of Dr. Payal Thaorey, Head and Assistant Professor of PGTD of Law, RTMNU, Nagpur convened this workshop on the strength of Mrs. Dipali Mankar, Assistant Professor PGTD of Law, RTMNU, Nagpur and Ms. Shivani Khandate, Assistant Professor PGTD of Law, RTMNU, Nagpur.

Dr. Payal Thaorey, Head of the Department, PGTD of Law, RTMNU, Nagpur welcomed all the dignitaries at the dice and the participants also. She explained the objectives behind the workshop and uttered that this workshop will be benefitted with the epitome knowledge and technical know-how of the resource persons to all the participants. The comparers of this workshop Mr. Kushal Jain and Ms. Madhura highlighted the workshop's mechanism and schedule and they also informed about the Question and Answer sessions in which the participants can ask their queries to the resource persons directly.

The first session begin with welcoming of Dr. Madhavi Mardikar ma'am by our Mrs. Dipali Mankar ma'am. The eminent speaker Dr. Madhavi Mardikar emphasized upon the management of the stress specifically in the life of the lawyers. She explained the benefits of the proper diet, regular exercising and sweet sleep in managing the stress. She embraced that the yoga not only comprises of exercise but the eight limbs as yamas (abstinences), niyama (observances), asana (postures), pranayama (breathing), pratyahara (withdrawal), dharana (concentration), dhyana (meditation) and samadhi (absorption). At last she also rightly noted the importance of meditation and pronouncement of om while meditation.

The noteworthy resource person of the Session-II Mr. Rahul Bhosale was welcomed by our Dr. Payal Thaorey ma'am. The Speaker threw light upon the working of the Court and the

procedure to be followed in the Court of law while disposing any case. He carved out the stages involved in civil suit as-

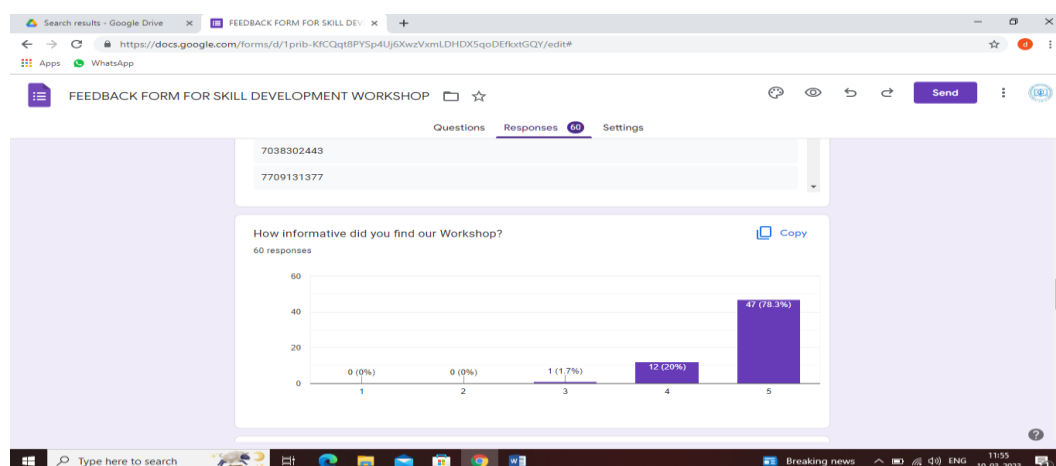
1. Presentation of plaint., 2. Service of summons on defendant., 3. Appearance of parties, 4. Ex-parte Decree, 5. Interlocutory Proceedings, 6. Filing of written statement by defendant, 7. Production of documents by parties (plaintiff and defendant), 8. Examination of parties, 9. Discovery and Inspection, 10. Admission, 11. Framing of issues by the court., 12. Summoning And Attendance Of Witnesses, 13. Hearing Of Suits And Examination Of Witnesses, 14. Argument, 15. Judgment, 16. Preparation of Decree, 17. Appeal, Review, Revision, 18. Execution of Decree.

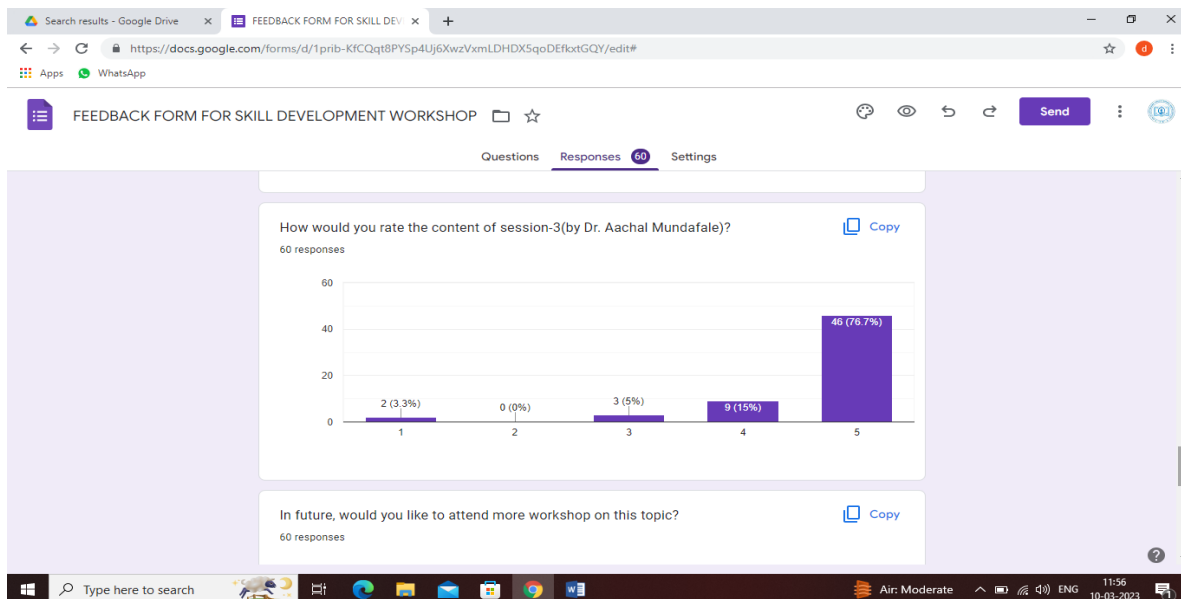
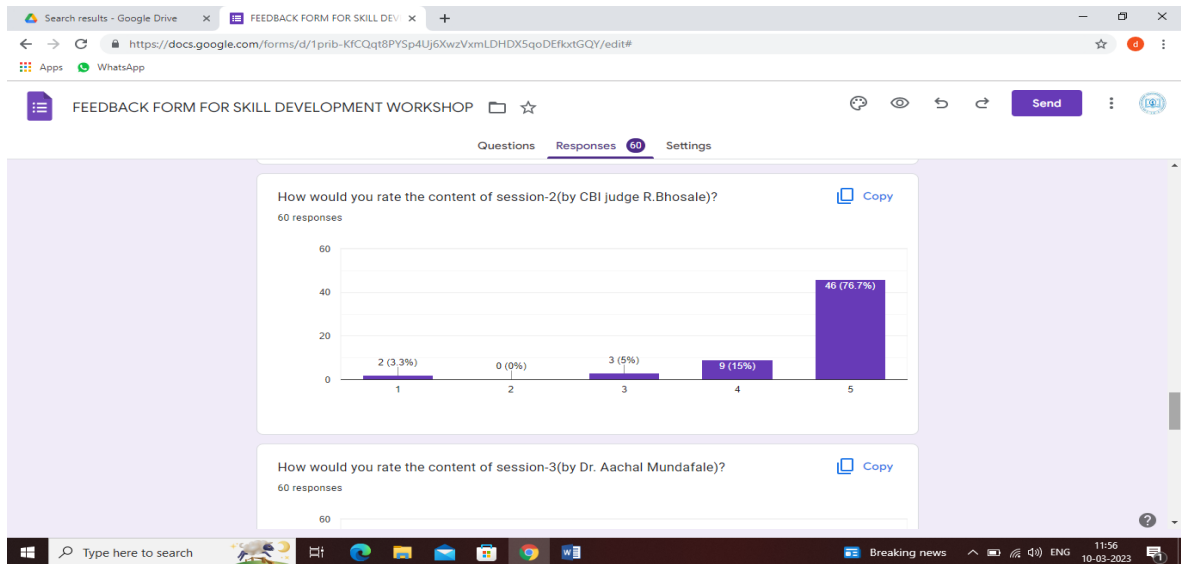
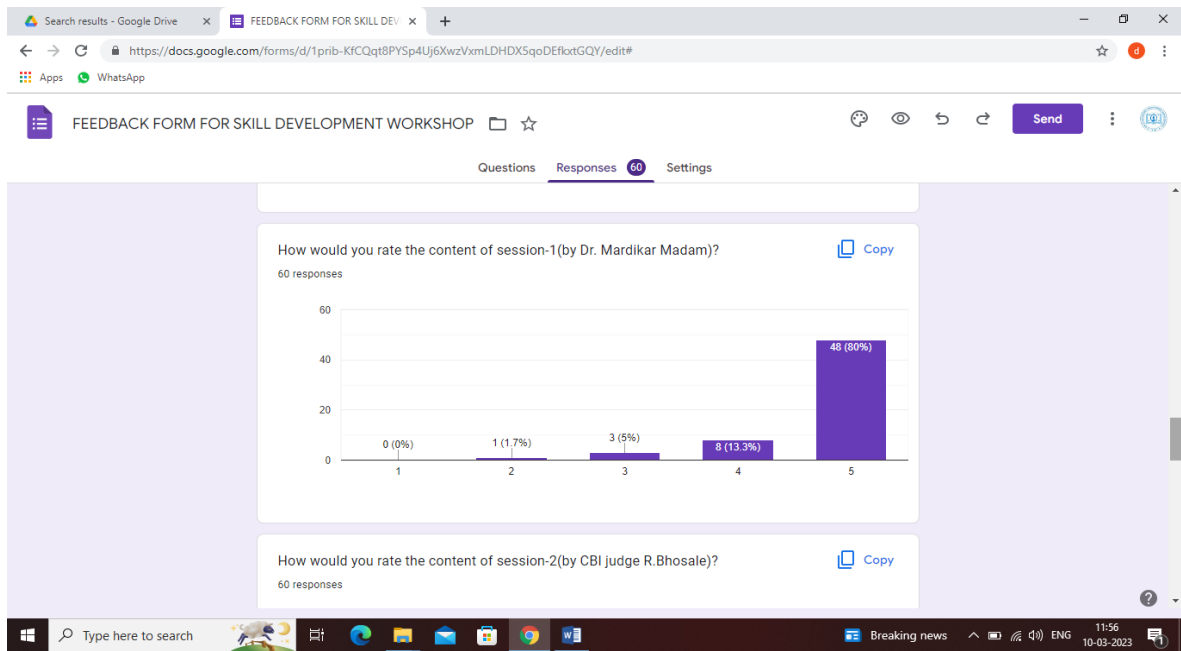
He also explained what is cognizable and non cognizable offence, summons case and warrants case, what is the difference between complaint and FIR and also stated the hierarchy of Civil Courts and Criminal Courts of law in India.

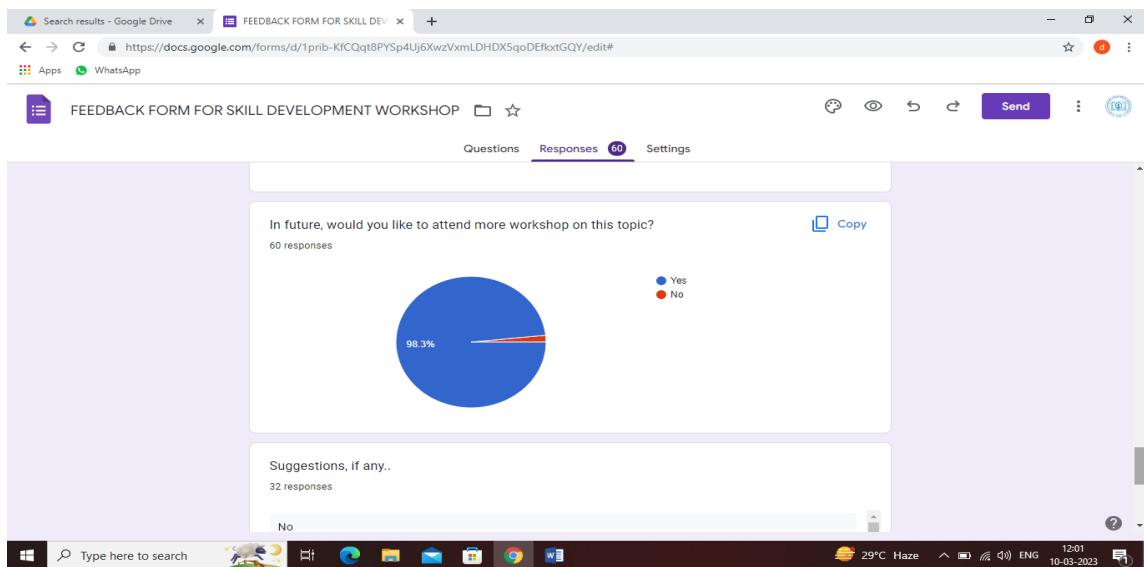
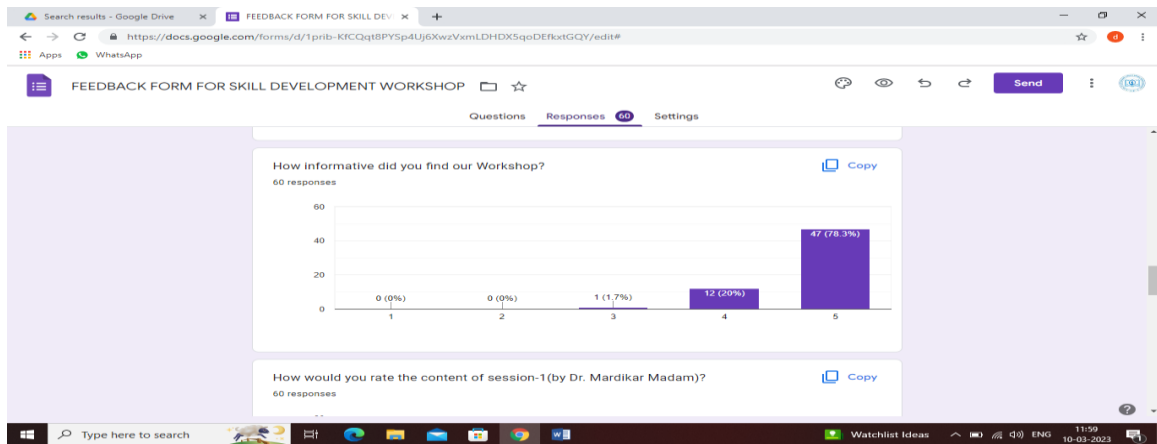
The Session-III started with the welcoming of the eminent spokesperson Dr. Aanchal Mundafale ma'am by Mrs. Padma Chobe ma'am. The resource person initially elaborates the importance of the communication skills particularly in the carrier of the advocates. She relied upon the **three R's** that is **Review, Reflect and Rewrite** in strengthening the command over any language. She also put stress on the significance of global language i.e. English to be a part of this modern world. She also told us the magnitude of the external factors such as social media, TV and many more in shaping our body language and communication skills.

Ultimately, as this workshop is held with the active and interactive learning a question-answer session occurred and the participants were really satisfied by the words of all the resource persons. Last but not the least, time rang for the vote of thanks which was presented by Mrs. Dipali Mankar, Assistant Professor PGTD of Law, RTMNU, Nagpur led to the cessation of this knowledgeable workshop.

## FEEDBACK FROM PARTICIPANTS







Search results - Google Drive x FEEDBACK FORM FOR SKILL DEV x +

https://docs.google.com/forms/d/1prib-KfCQqt8PYSp4Uj6XwzVxmLDHDX5qoDEfxtGQY/edit#

Apps WhatsApp

FEEDBACK FORM FOR SKILL DEVELOPMENT WORKSHOP

Questions Responses 60 Settings

No

No suggestions

Nice

It was very informative

Thank you 😊

It was good and informative

Good communication and knowledge of Court and Skills development of human life

Time management

Type here to search

29°C Haze

ENG

12:02

10-03-2023

## Glimpses of the workshop


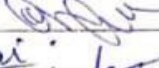
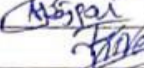



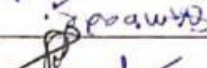

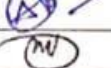


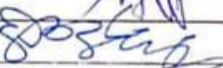
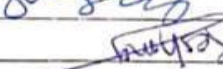
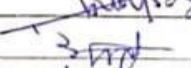
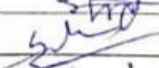

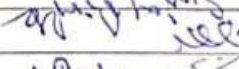
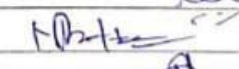
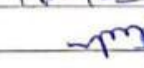
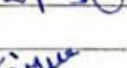


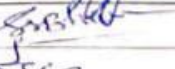
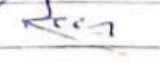



**POST GRADUATE TEACHING DEPARTMENT OF LAW  
RTMNU, NAGPUR**

**"ONE DAY SKILL DEVELOPMENT WORKSHOP"**

Date: 11<sup>th</sup> February, 2023

**LIST OF PARTICIPANTS**

SR. NO.	NAME OF THE STUDENT	SIGNATURE
1	Madhura Bhande	
2	Kushal Jain	
3	Akshay Baypai	
4	Vikas Nande	
5	Sagar Shrivast	
6	Madhav Zoad	
7	Sumedh Ambade	
8	Chinmay Singewar	
9	Akash Bambade	
10	Manshar Gajbiye	
11	Aparna Gadam	
12	Rajendra Maraskolke	
13	Dhampal Loldhade	
14	Rishma Mahulkar	
15	Rajesh Hirwale	
16	Ramesh Ramgarkar	
17	Sanjay Pimpale	
18	Narundha Pitale	
19	Monika Kumbhar	
20	Atul Chakma	
21	Sanjeev Bhavadasy	
22	Tarique Sheikh	
23	Noor Rahman	
24	Shreyas Bhare	
25	Samir Ganguly	

11 Feb 2023  
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Rashtrapati Tekraj Maharaj  
Nagpur University Nagpur



25	Pooja Adnan	
26	Kavita Behere	
27	Mahendra Nandeshwar	
28	Ram Arangebadkar	
29	Abhashchandra Mandape	
30	Sakshi Thombre	
31	Narandree Lalwani	
32	Tarig Khan	
33	Prachi Muthghare	
34	Tahauddin	
35	Prabuddh Damle	
36	Akasha Bhat	
37	Sanjama Bais	
38	Sushil Hestur	
39	Vidhi Bhavne	
40	Swagat Muppawar	
41	Shweta Waghole	
42	Pradeep Dhare	
43	Sanjama Bais Pringanku Dongre	
44	Vedashvi Kaore	
45	VidyaSagar Tripathi	
46	Mahi Bhaisare	
47	Ashwini Tamgadge	
48	Devshree Tembhare	
49	Prachi Ramteke	
50	Sulochana Pawar	
51	Nisha Admachi	
52	Pooja Ghodam	
53	Aniket Rathod	
54	Rohini Chankhane	
55	Akash Pawar	
56	Nishant Jagre	
57	Swarnaj Kalle	

11/02/2023  
 Head,  
 Post Graduate Teaching  
 Department of Law  
 Rashtrasant Tukadoji Maharaj  
 Nagpur University, Nagpur

