



राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठ

(सेंट्रल प्रोव्हेंस शासन शिक्षण विभागाची अधिसूचना क्रमांक ५१३ दिनांक १ ऑगस्ट १९२३ - द्वारा स्थापित व महाराष्ट्र सार्वजनिक विद्यापीठ अधिनियम, २०१६ सन २०१७ चा महाराष्ट्र विद्यापीठ अधिनियम क्रमांक ६ द्वारा संचालित विद्यापीठ)

क्रीडा व शारीरिक शिक्षण विभाग

आर.बी.डी. लक्ष्मीनारायण परिसर, रवि नगर, अमरावती रोड, नागपूर

दुरध्वनी क्रमांक ०७१२-२५३१६९६ / ९८५०३०३१५४, E-mail : departnmu@yahoo.in

डॉ. शरद सुर्यवंशी
संचालक

जावक क्र. क्रीडाशिवि/अ.महा.स्पर्धा/2022-23/965
दिनांक : 19/11/2022

To,
The All Dean/HOD/Principals/Sports Incharge
of Participating Colleges

Subject :- Organization of Inter Collegiate Weight Lifting Men, Best Physique Men, Power Lifting Men and Power Lifting Women Competition for the year 2022-2023

- | | | |
|------------------------------|---|---|
| 01. Date of Competition | : | 27th to 29th November 2022 |
| 02. Venue of the Competition | : | Shri. Nashikrao Tripude College of Physical Education, Near Sadar Police Station, Sadar, Nagpur |
| 03. Reporting Date & Timing | : | 27 th November 2022 at 9.00 a.m. |
| 04. Teacher Incharge | : | Dr. Avinash Sahare Shri. Nashikrao Tripude College of Physical Education, Sadar, Nagpur Mobile No. 9423413416 |

Document Compulsory :-

01. 10th Diploma
02. 12th Marksheet
03. U.G. Examination Passed Marksheet
04. P.G. Examination Passed Marksheet
05. College I.Card
06. Adhar Card

Enclose :-

01. Medical Form
02. Detail Entry Form
03. Undertaking Form

Dr. Sharad B. Suryawanshi
Director
Sports & Physical Education
Rashtrasant Tukdoji Maharaj
Nagpur University Nagpur

Copy to :-

01. The principals of all participating College in the Weight Lifting Men, Best Physique Men and Powe Lifting Men & Women Tournament.
02. Dr. Avinash Sahare, Shri. Nashikrao Tripude College of Physical Education, Sadar, Nagpur . Teacher Incharge of Inter Collegiate Weight Lifting Men, Best Physique Men and Powe Lifting Men & Women Tournament 2022-23 for information. Kindly submit the account and details of remuneration to be paid to the Referee/Umpire/Official with day from the conclusion of the tournament.
03. Dr. Sanjay Choudhari, Chairman, Programm Committee 22-23, Department of Sports & Physical Education, Rashtrasant Tukdoji Maharaj Nagpur University, Nagpur for information
04. The Principal, Shri. Nashikrao Tripude College of Physical Education, Sadar, Nagpur for information.
05. The Chairman, Board of Sports & Physical Education, Rashtrasant Tukdoji Maharaj Nagpur University, Nagpur for information
06. The Chairman of Weight Lifting Men, Best Physique Men and Powe Lifting Men & Women Selection Committee for information.
07. The Members of Weight Lifting Men, Best Physique Men and Powe Lifting Men & Women Selection Committee for information.
08. Shri. Mohd Javed Rehman (F.P.E), Department of Sports & Physical Education, Rashtrasant Tukdoji Maharaj Nagpur University for information and necessary arrangement for the said tournament. .
09. Shri. Vaibhav Pandhare (F.P.E), Department of Physical Education, Rashtrasant Tukdoji Maharaj Nagpur University for information and necessary arrangement for the said tournament.
10. The sports Editors of all Local News Paper for information and wide published in their esteemed news paper.



Rashtrasant Tukadoji Maharaj Nagpur University Nagpur
Office Of The Director, Sports & Physical Education

Telephone No. 0712&2531696/9850303154/7276618946 E-mail : departnmu@yahoo.in

INTER COLLEGIATE WEIGHT LIFTING & BEST PHYSIQUE MEN TOURNAMENT 2022-2023

DETAIL ENTRY FORM WEIGHT LIFTING MEN

NAME OF COLLEGE:.....

| Body Weight Category | Name of Player | Reserve Player |
|----------------------|----------------|----------------|
| 56 Kg. | | |
| 62 Kg. | | |
| 69 Kg. | | |
| 77 Kg. | | |
| 85 Kg. | | |
| 94 Kg. | | |
| 105 Kg. | | |
| +105 Kg. | | |

N.B.

- 01. No. Change in the detailed entry form will be permitted after the last date**
- 02. All entries must be in capital letter**

I Certify that the above mentioned competitors are bonfide students of our college during the year 2022-23

Signature of
Physical Education Teacher

Office Seal

Signature of Principal



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Office Of The Director, Sports & Physical Education

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INTER COLLEGIATE WEIGHT LIFTING & BEST PHYSIQUE MEN TOURNAMENT 2022-2023

DETAIL ENTRY FORM BEST PHYSIQUE MEN

NAME OF COLLEGE:.....

| Body Weight Category | Name of Player | Reserve Player |
|----------------------|----------------|----------------|
| 60 Kg. | | |
| 65 Kg. | | |
| 70 Kg. | | |
| 75 Kg. | | |
| 80 Kg. | | |
| 85 Kg. | | |
| 90 Kg. | | |
| +90 Kg. | | |

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INTER COLLEGIATE POWER LIFTING MEN & WOMEN TOURNAMENT 2022-2023

DETAIL ENTRY FORM POWER LIFTING MEN

NAME OF COLLEGE:.....

| Body Weight Category | Name of Player | Reserve Player |
|----------------------|----------------|----------------|
| 59 Kg. | | |
| 66 Kg. | | |
| 74 Kg. | | |
| 83 Kg. | | |
| 93 Kg. | | |
| 105 Kg. | | |
| 120 Kg. | | |
| +120 Kg. | | |

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INTER COLLEGIATE POWER LIFTING MEN & WOMEN TOURNAMENT 2022-2023

DETAIL ENTRY FORM POWER LIFTING WOMEN

NAME OF COLLEGE:.....

| Body Weight Category | Name of Player | Reserve Player |
|----------------------|----------------|----------------|
| 47 Kg. | | |
| 52 Kg. | | |
| 57 Kg. | | |
| 63 Kg. | | |
| 69 Kg. | | |
| 76 Kg. | | |
| 84 Kg. | | |
| +84 Kg. | | |

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Signature of
Physical Education Teacher

Office Seal

Signature of Principal

MEDICAL FORM

I hereby certify that the following athletes belonging to
.....have been examined by me and
found that they are PHYSICALLY FIT to participate in the INTER COLLEGIATE
WEIGHT LIFTING/BEST PHYSIQUE MEN & POWER LIFTING MEN /WOMEN
CHAMPIONSHIP to be held held
.....

NAME OF ATHLETE

| SR. No. | Name of Athlete | Event Name |
|---------|-----------------|------------|
| 01 | | |
| 02 | | |
| 03 | | |
| 04 | | |
| 05 | | |
| 06 | | |
| 07 | | |
| 08 | | |
| 09 | | |
| 10 | | |
| 11 | | |
| 12 | | |

Signature of Principal

Office Seal

Medical Officer