

RASTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

SYLLABUS AS PER NEW EDUCATION POLICY

**For BA Honors & BA Research Degree
in PSYCHOLOGY as MINOR
(From SEM 2 to SEM 6)**

(TO BE IMPLEMENTED FROM THE SESSION 2024-25)

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SCHEME OF EXAMINATION for 2 Credit Theory Minor Course

-Theory Paper- Max. Marks- 40

-Time- 2 Hours

- Distribution of Marks & Pattern of Questions – Theory Examination:

Q. 01- Long Answer Question with one Option	8 Marks
Q. 02- Long Answer Question with one Option	8 Marks
Q. 03- Two Short Notes Question with one option	8 Marks
Q. 04- Two Short Notes Question with one option	8 Marks
Q. 05- 08 Very Short Answer Question (Compulsory)	8 Marks

DISTRIBUTION OF MARKS FOR THEORY INTERNAL ASSESSMENT - (Max. Marks- 10):

1	Classroom Attendance	5 Marks
2	Assignment / Activity	5 marks

SCHEME OF EXAMINATION for 4 Credit Theory Major Course

-Theory Paper- Max. Marks- 80

-Time- 03 Hours

- Distribution of Marks & Pattern of Questions – Theory Examination:

Q. 01	(a)- Long Answer Question	08 Marks
	(b)- Long Answer Question	08 Marks
	OR	
	(1)- Long Answer Question	08 Marks
	(2)- Long Answer Question	08 Marks
Q. 02	(a)- Long Answer Question	08 Marks
	(b)- Long Answer Question	08 Marks
	OR	
	(1)- Long Answer Question	08 Marks
	(2)- Long Answer Question	08 Marks
Q. 03	Any Four short notes:	04 marks each
	(1)- Short Answer Question	
	(2)-Short Answer Question	
	(3)- Short Answer Question	
	(4)- Short Answer Question	
	(5)- Short Answer Question	
	(6)- Short Answer Question	

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R. J. Prasad

M. B. Babu

Q. 04 Any Four short notes:

04 marks each

- (1)- Short Answer Question
- (2)-Short Answer Question
- (3)- Short Answer Question
- (4)- Short Answer Question
- (5)- Short Answer Question
- (6)- Short Answer Question

Q. 05- 08 Very Short Answer Question (Compulsory)

02 Marks each

DISTRIBUTION OF MARKS FOR THEORY INTERNAL ASSESSMENT - (Max. Marks- 20):

1	Classroom Attendance	5 Marks
2	Assignment on given topic	5 marks
3	Activity	10 Marks

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Rashtasant Tikadoji Maharaj Nagpur University, Nagpur

To be implemented from the Session 2024-25

BA Psychology as Minor- Scheme of Teaching & Evaluation SEM 2 to 6 (Draft Revised in Feb. 2024)

Sr. No.	Course Type	Subjects	Name of Paper	Examination Scheme						Credit		
							Max. Marks (TH/P)	Max. Marks (Activity)	Max. Marks (CIE)		Total Marks	Min. Paasing Marks
				Theory/P ractical	Activity	Total						
SEM 2												
1	Minor	T1	General Psychology- I	2	-	2	40	-	10	50	20	2
SEM 3												
2	Minor	T2	General Psychology- II	4	-	4	80	-	20	100	40	4
SEM 4												
3	Minor	T3	Applied Psychology- I	4	-	4	80	-	20	100	40	4
SEM 5												
4	Minor	T4	Applied Psychology- II	4	-	4	80	-	20	100	40	4
SEM 6												
5	Minor	T5	Applied Psychology- III	4	-	4	80	-	20	100	40	4
		Total	4	-	-	-	360	-	90	450	-	18

(Signature)

2 minutes

for

R. J. Gaothar

M. B. Babbar

RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 2

TO BE IMPLEMENTED FROM THE SESSION 2024-25

COURSE TITLE: GENERAL PSYCHOLOGY- I

(Subject Code- BAPSYMGEPSY1)

(Credit – 02, Total Teaching Hours- 30, Teaching Hours per week – 02)

COURSE OUTCOMES-

- a) To know the Purpose, Methods, and Importance of studying Human Psychology.
- b) To understand and evaluate how psychological processes like attention, perception and memory works.

UNIT 1- Introduction to Psychology, and Its Development

- **Definition, Goals and Historical Background of Psychology, Approaches of Psychology-** Behaviorism, Cognitive, Biological, Psychoanalytic, Humanistic
- **Methods of Psychology-** Introspection, Observation, Questionnaire, Interview, Case Study, Experimental, **Applications of Psychology**

UNIT 2- Cognitive Processes-I

- **Attention** (Meaning, Types of attention (Natural, Voluntary, non-voluntary)
- **Sensation** (Process, Introduction to Five Senses), **Perception** (Figure & Background, Laws of Perceptual Organization)
- **Memory** - Meaning, Process- Encoding-Storage-Retrieval, Stages- Sensory-Short Term-Long Term, **Forgetting** (Causes)

Books for Reference:

1. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon.
2. Benjamin, L. T. (1997): History Of Psychology: Original Sources and Contemporary Research. New Delhi: McGraw-Hill Companies.
3. Chadha, N. K. Seth, S. (2014): The Psychological Realm: An introduction. Pinnacle learning, New Delhi.
4. Lahye, B. B. (2003): Psychology: An Introduction. New Delhi: Tata Hill.
5. Morgan, C. T., King, R. A., Weisz, J. R. & Schopler, J. (1986). Introduction to Psychology. McGraw-Hill
6. Nimbalkar, K. P. (2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha.
7. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalapur Pub. Nagpur
8. Passer, M. W. & Smith, R. E. (2007): Psychology: The Science of Mind and Behaviour. New Delhi: Tata McGraw-Hill

Dr. Kulkarni

Dr. Nimbalkar

Dr. Pandit

Dr. Gore

Dr. Kulkarni

RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM3

TO BE IMPLEMENTED FROM THE SESSION 2025-26

COURSE TITLE: GENERAL PSYCHOLOGY- II

(Subject Code- BAPSYMGENPSY2)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OBJECTIVES-

- a) To know how individual learns from various methods and how creativity works.
- b) To understand the Basic Human Motives and Emotions.
- c) To evaluate the of development of Intelligence and Personality
- d) To analyze various prospectus in the field of Psychology

UNIT 1- Cognitive Processes – II

- **Learning** - Meaning, Types, Thorndike's Laws of Learning, Methods (Conditioning, Observational, Insightful, Latent)
- **Creativity**: Definition, Aspects of Creativity, Stages of Creativity, Correlates: Creativity & Intelligence, Creativity & Personality

UNIT 2 – Psychological Processes- I

- **Motivation**-Definition, Concept of homeostasis, Types of motives (Physiological, Psychological, Social), Maslow's theory of Hierarchy of Motives
- **Emotion**- Definition, Types (Wheel of Emotions), Correlates: Internal and external, Concept of Emotional Intelligence

UNIT 3- Psychological Processes- II

- **Intelligence** -Definition, Theories of Intelligence- Gardner's theory,
- **Intelligence Tests**- Types, Concept & Calculation of Intelligence Quotient (Mental Age, Chronological Age), Distribution of IQ in population.
- **Personality**- Definition, Concept, Determinants of Personality,
- **Assessment of Personality** - Psychometric Test, Projective Tests

UNIT 4 –Emerging Areas in Psychology

- **Psychology for Education & Career** (School & Educational Psychology, Career Counseling), **Psychology at Workplace** (Organizational & Industrial Psychology , OD, OB, HRM Work-Stress and Health Issues, Work-Life Balance), **Psychology for Families** (Child Psychology, Developmental Psychology, Premarital Counseling Psychology), **Psychology for Human Health & Well-Being** (Abnormal psychology, Biopsychology, Psychopathology, Psychotherapies), **Psychology for Community** (Social Psychology, Psychology and Law, Forensic Psychology, Psychology and Technology, Digital Addiction, Psychology for crisis and rehabilitation)

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Books for Reference:

1. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon.
2. Benjamin, L. T. (1997): History Of Psychology: Original Sources and Contemporary Research. New Delhi: McGraw-Hill Companies.
3. Chadha, N. K. Seth, S. (2014): The Psychological Realm: An introduction. Pinnacle learning, New Delhi.
4. Ciccarelli, S. & Meyer, G. E. (2008). Psychology. Pearson, New Delhi
5. Feldman, S. R. (2009): Essentials of Understanding Psychology, Tata McGraw Hill, New Delhi.
6. Kalpan, R. M. and Saccuzzo, D. P. (2005): Psychological Testing: Principal, Application and Issues, 6th Edition, Cengage Learning Inc Private Limited, New Delhi.
7. Lahye, B. B. (2003): Psychology: An Introduction. New Delhi: Tata Hill.
8. Morgan, C. T., King, R. A., Weisz, J. R. & Schopler, J. (1986). Introduction to Psychology. McGraw-Hill
9. Nimbalkar, K. P. (2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha.
10. Pandit, Kulkarni and Gore (1999), SamanyaManasashastra, Pimpalapur Pub. Nagpur
11. Passer, M. W. & Smith, R. E. (2007): Psychology: The Science of Mind and Behaviour. New Delhi: Tata McGraw-Hill
12. Rathus, S. A. (1986): Essentials of Psychology. CBS College Publishing, Holt, Rinehart and Winston, New York
13. Ciccarelli S. K. (2008), Manasshastra : Dakshin Asia Avritti (in Marathi), Pearson Education
14. Baron, R. & Bhardwaj, G. (2014) Manowigyan (Hindi Anuwad- 'Psychology' by R. baron), Pearson Education India
15. Singh, A. K. (2017), AdhunikSamanyaManowigyan, MotilalBanarsidass Publishers
16. Singh, A. K. (2015), UchchatarSamanyaManowigyan, MotilalBanarsidass Publishers
17. Mishra, B. K. (2010), ManawVyawaharKaAdhyayn, Prentice Hall of India
18. Verma, P. & Shrivastawa, D. N. (1996), AdhunikPrayogatmakManovigyan, VinodPustakMandir
19. Tripathi, L. B. & Others (1997), AdhunikPrayogikManowigyan, HarprasadBhargav, Agra
20. Deshpande, C. (2018), ManaviVartan: ManasshastriySamupdeshan, UnmeshPrakashan

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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 5

TO BE IMPLEMENTED FROM THE SESSION 2026-27

COURSE TITLE: APPLIED PSYCHOLOGY- II

(Subject Code- BAPSYMAPSY2)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OUTCOMES:

1. Understand the theoretical frameworks of psychology that can be applied to make an organization more effective and efficient.
2. Demonstrate an appreciation of the field of psychology as it relates to helping clients recognize their unique potential.
3. Develop analytical and critical thinking skills that will allow them to apply their knowledge to solve problems in a variety of settings.
4. Embrace an approach to support lifelong learning.

UNIT 1 – INTRO. TO ORGANIZATIONAL PSYCHOLOGY

- **Development of Org. Psychology**, Goals of studying Org. Behavior
- **Work Motivation:** Concept, Theories – Maslow's Theory, Herzberg's Two factor theory, X & Y Theory, Equity Theory
- **Job satisfaction-** Factors affecting Job satisfaction, Enhancing Job satisfaction.

UNIT 2- CONSUMER BEHAVIOR

- **Consumer Behavior:** Meaning & Nature, Principals & Importance of studying consumer behavior
- **Concept of Advertisement**, Psychological Objectives of advertisement, Attention getting devices used in advertisement

UNIT 3 – COUNSELLING PSYCHOLOGY

- **Meaning, Purpose, and Goals of Counselling**
- **Process of Counselling**
- **Counselor-Client Relationship**

UNIT 4- COUNSELING APPLICATION

- **Family and Couple Counseling,**
- **Counseling to Adolescents,**
- **Pre-marital Counseling**
- **Career Counselling,**
- **Alcohol and Drug Abuse counselling,**
- **Crisis Intervention Counselling**

Books for Reference:

1. Pandit, Kulkarni and Gore (1999), Upayojit Manasashastra, Pimpalpure Pub. Nagpur

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2. Barlinge&Latkar (1999), UpayojitManasashastra, Pimpalasure Pub. Nagpur
3. Aamodt, M.G. (2001): Industrial Organizational Psychology. India: Cengage Learning.
4. Chadha, N. K. (2007): Organizational Behavior. Galgotia; New Delhi.
5. Greenberg, J. and Baron R. A. (2007): Behavior in Organization. (9thEd), India; India; Dorling Kindersley.
6. Luthans, F. (2009): Organizational Behaviour. New Delhi McGraw Hill.
7. Nimbalkar, K. P. (2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha
8. Muchinsky, P. (2006): Psychology applied to work: An introduction to industrial and organizational psychology, N C; Hyper graphic Press.
9. Pareek, U. (2010): Understanding organizational behaviour. Oxford University Press.
10. Belkin G.S. (1988) Introduction to counselling, W.G. Brown Publisher
11. Nelson J. (1982) The Theory and Practice of Counselling Psychology, New York, Holt Rinehart & Winston
12. S. Narayana Rao, (1991) Counselling and Guidance, Tata McGraw hill Publication

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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 6
TO BE IMPLEMENTED FROM THE SESSION 2026-27

COURSE TITLE: APPLIED PSYCHOLOGY- III

(Subject Code- BAPSYMAPSY3)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OUTCOMES:

1. Understand the problems in defining and measuring 'abnormality' and explain different models of abnormality.
2. Critically evaluate approaches to the treatment of psychological health problems.
3. Describe and evaluate the criteria used in the classification and diagnosis of personality disorders, mental illness, and developmental disorders.
4. Demonstrate an understanding of the psychotherapy as they relate to treatment and prevention modalities.

UNIT 1- INTRODUCTION TO ABNORMAL PSYCHOLOGY

- The Concept of Normality and Abnormality
- Approaches to Abnormality- Statistical-Evaluative-Practical Approach
- Classification of abnormal behavior: DSM V
- Childhood Disorder- Introduction to ADHD, LD, Autism

UNIT 2- PSYCHOLOGICAL DISORDER – 1

- Anxiety Disorder- Panic Disorder, Phobias, Obsessive Compulsive Disorder, Generalized Anxiety Disorder
- Psychosomatic Disorders- Conversion Reaction, Hypochondriasis
- Dissociative Disorder: Amnesia, Fuge Stages, Multiple Personality Disorder

UNIT 3- PSYCHOLOGICAL DISORDER – 2

- Mood Disorder: Major Depression, Bipolar Affective Disorder
- Schizophrenia: Primary Symptoms of Schizophrenia. Types of Schizophrenia.

UNIT 4 – PSYCHOTHERAPIES

- Psychoanalytical Therapy
- Cognitive Approach: REBT, CBT
- Humanistic Approach: Client-Centered Therapy
- Behavioral Approach: Operant Conditioning, Behavior Modification
- Indian Approach: Patanjali's Ashtang Yoga

Books for Reading :

- Lamm A. (1997) Introduction to Psychopathology, New York, sage
- Buss A.A. (1999) Psychopathology, N. Y., Jnon wiley
- Sarason I.G. & Sarason B.R. (1993) Abnormal Psychology- The Problem of Maladaptive Behaviour, 7th edition, prentice Hall, New York
- प्रा. श्री. पंडित, डॉकुलकर्णीडॉंगोरे, (1999) उपायोजितमानसशास्त्र , पिंपळपुरेअॅन्ड कं. पब्लिशर्स, नागपूर

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RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
SYLLABUS FOR

Major Subject – B. A. PSYCHOLOGY (NEP 2020) SEM 4
TO BE IMPLEMENTED FROM THE SESSION 2025-26

COURSE TITLE: APPLIED PSYCHOLOGY- I
(Subject Code- BAPSYMAPSY1)

(Credit – 04, Total Teaching Hours- 60, Teaching Hours per week – 04)

COURSE OUTCOMES:

1. Knowledge of social psychology and related terminology.
2. Understanding the relationship between the person and the situation and its influence on attitudes, prejudice, aggression, communication, and Community Well Being.
3. Compare and contrast the research methodologies used in the scientific study of human Social Behavior.
4. Apply social psychological principles to real-world issues.

UNIT 1- INTRODUCTION TO SOCIAL PSYCHOLOGY

- Brief history of Social Psychology, Scope of Social Psychology, Goals of Social Psychology,
- Levels of social behavior,
- Concept of Attribution, Fundamental Attribution Error, Locus of Control
- Socialization: Importance & Process

UNIT 2- ATTITUDE AND PREJUDICE

- Attitude: Definition and formation of attitude. Theories: Balance theory, Cognitive dissonance theory.
- Prejudice: Nature and components of prejudice. Acquisition and reduction of prejudice.

UNIT 3- AGGRESSION & COMMUNICATION

- Aggression: Nature, types, determinants, prevention and control of aggression.
- Communication: Definition, types, process, barriers and effective communication.

UNIT 4 – COMMUNITY WELL BEING

- Stress: Meaning and Causes, Consequences and managing stress.
- Mental Health: Concept, Well Being: Components
- Positive Psychology: Development of Positive Psychology, Classification of Character Strength & Virtues

Books for Reading:

- Baron, R. A., Byrne, D. & Bhardwaj, G. (2010): Social Psychology (12th Ed). New Delhi, Pearson
- Chadha, N.K. (2012): Social Psychology, McMillan, New Delhi
- Misra, G. (1990): Applied Social Psychology, New Delhi, Sage
- Myers, D. G. (2008): Social Psychology. New Delhi: Tata McGraw-Hill
- Natu, S., Vaidya, A. (2010): Samajik Manasshastra, Manasi Rajhansa, Pune
- Nimbalkar, K. P. (2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha
- Perlman, D. and Cozby, P. C. (1983): Social Psychology. New York: CBS College Publishing.
- Taylor, S. E., Peplau, L. A. & Sears, D. O. (2006): Social Psychology (12th Ed). New Delhi, Pearson.
- Jain, M. (2022), Positive Psychology, Sakaratmak Manovigyan, Amit Publication

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