

RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

SYLLABUS FOR
B. A. (CBCS)
Subject - PSYCHOLOGY

Class – SECOND YEAR

TO BE IMPLEMENTED FROM
THE SESSION 2023-24

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RJ Amari
3/08/23

B.A. PSYCHOLOGY SEMESTER 3
COURSE TITLE: Social & Community Psychology

COURSE OUTCOMES:

1. Knowledge of social psychology and related terminology.
 2. Understanding the relationship between the person and the situation and its influence on attitudes, prejudice, aggression, communication, and Community Well Being.
 3. Compare and contrast the research methodologies used in the scientific study of human Social Behavior.
 4. Apply social psychological principles to real-world issues.
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UNIT 1- INTRODUCTION TO SOCIAL PSYCHOLOGY

- Brief **history** of Social Psychology, **Scope** of Social Psychology, **Goals** of Social Psychology,
- **Levels of social behavior**,
- Concept of **Attribution**, Fundamental Attribution Error, **Locus of Control**
- **Socialization**: Importance & Process

UNIT 2- ATTITUDE AND PREJUDICE

- **Attitude**: Definition and formation of attitude. Theories: Balance theory, Cognitive dissonance theory.
- **Prejudice**: Nature and components of prejudice. Acquisition and reduction of prejudice.

UNIT 3- AGGRESSION & COMMUNICATION

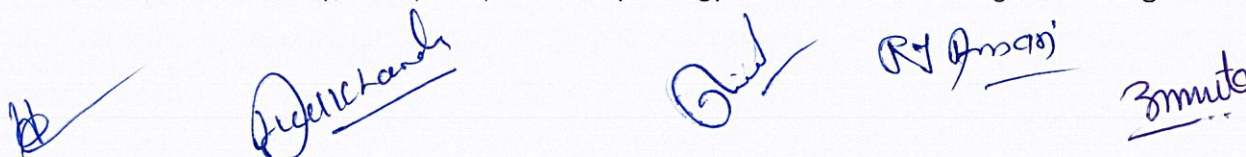
- **Aggression**: Nature, types, determinants, prevention and control of aggression.
- **Communication**: Definition, types, process, barriers and effective communication.

UNIT 4 – COMMUNITY WELL BEING

- **Stress**: Meaning and Causes, Consequences and managing stress.
- **Mental Health**: Concept, **Well Being**: Components
- **Positive Psychology**: Development of Positive Psychology, Classification of Character Strength & Virtues

Books for Reading:

- Baron, R. A., Byrne, D. & Bhardwaj, G. (2010): Social Psychology (12th Ed). New Delhi, Pearson
- Chadha, N.K. (2012): Social Psychology, McMillan, New Delhi
- Misra, G. (1990): Applied Social Psychology, New Delhi, Sage
- Myers, D. G. (2008): Social Psychology. New Delhi: Tata McGraw-Hill
- Natu, S., Vaidya, A. (2010): Samajik Manasshastra, Manasi Rajhansa, Pune
- Nimbalkar, K. P. (2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha
- Perlman, D. and Cozby, P. C. (1983): Social Psychology. New York: CBS College Publishing.



- Taylor, S. E., Peplau, L. A. & Sears, D. O. (2006): Social Psychology (12th Ed). New Delhi, Pearson.
- Jain, M. (2022), Positive Psychology, Sakaratmak Manovigyan, Amit Publication
- Baumgardner, S.; Crothers, M. (2014), Positive Psychology, Pearson Education, India
- Lopez, Pedrotti, Synder (2021), Positive Psychology: The Scientific and Practical Explorations of Human Strengths, SAGE Publications India Pvt Ltd
- Snyder, R. & Scaneloez, (2007) Positive Psychology: Scientific and Practical Explorations of Human Strengths, Sage Publication, New Delhi

Psychology Practical

(2 Classes per Week) (Batch Size- 16 Students)

- **Tests & Experiments**

1. Test of Attitude Measurement
2. Aggression Scale
3. Prejudice Scale
4. Social Maturity Scale
5. Koh's Block Design Test
6. Self-Concept Scale
7. Frustration Test
8. Adjustment Inventory
9. Test on EQ/EI
10. Stress Scale

SCHEME OF EXAMINATION

-Theory Paper- Max. Marks- 40

-Time- 2 Hours

- Distribution of Marks & Pattern of Questions – Theory Examination:

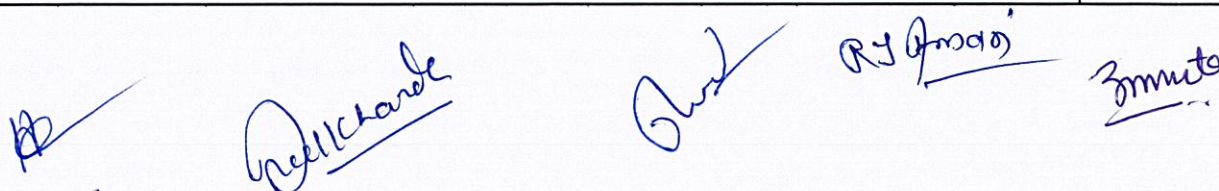
| | |
|---|---------|
| Q. 01- Long Answer Question with one Option | 8 Marks |
| Q. 02- Long Answer Question with one Option | 8 Marks |
| Q. 03- Two Short Notes Question with one option | 8 Marks |
| Q. 04- Two Short Notes Question with one option | 8 Marks |
| Q. 05- 08 Very Short Answer Question (Compulsory) | 8 Marks |

-Practical Examination- Max. Marks- 40

-Time- 2 Hours

-Distribution of Marks– Practical Examination

| | |
|--|----------|
| Conduct of Experiment/Test (External Examiner) | 10 Marks |
| Report of Experiment/Test (Internal Examiner) | 10 Marks |



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|---|----------|
| Viva-Voce (Test/Experiment) (External Examiner) | 10 Marks |
| Record Book (Internal Examiner) | 10 Marks |

INTERNAL ASSESSMENT (20 Marks)

DISTRIBUTION OF THEORY INTERNAL ASSESSMENT - (Max. Marks- 10):

| | | | |
|---|-------------------------|--|------------------|
| 1 | Activity (Any 2) | | 3 Marks for each |
| | 1.1 | Discussion in Class on any current social event | |
| | 1.2 | Speech on given topic (Stress Management, Well Being) | |
| | 1.3 | Role Play/ GD (Topic- Attitudinal Change) | |
| | 1.4 | Participative/Chart Making Activity on any given topic | |
| 2 | Classroom Participation | | 2 Marks |
| 3 | Attendance | | 2 Marks |

DISTRIBUTION OF PRACTICAL INTERNAL ASSESSMENT (Max. Marks- 10):

| | | |
|---|--|---------|
| 1 | Activity - Assignment- Psychological Experiments/Instruments/Tests | 3 Marks |
| 2 | Conduct at Practical Lab | 3 Marks |
| 3 | Laboratory Participation | 2 Marks |
| 4 | Attendance | 2 Marks |

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B.A. PSYCHOLOGY SEMESTER 4

COURSE TITLE: Organizational, Consumer & Counseling Psychology

COURSE OUTCOMES:

1. Understand the theoretical frameworks of psychology that can be applied to make an organization more effective and efficient.
 2. Demonstrate an appreciation of the field of psychology as it relates to helping clients recognize their unique potential.
 3. Develop analytical and critical thinking skills that will allow them to apply their knowledge to solve problems in a variety of settings.
 4. Embrace an approach to support lifelong learning.
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Theory Course - (4 Classes per Week)

UNIT 1 – INTRO. TO ORGANIZATIONAL PSYCHOLOGY

- **Development of Org. Psychology**, Goals of studying Org. Behavior
- **Work Motivation:** Concept, Theories – Maslow's Theory, Herzberg's Two factor theory, X & Y Theory, Equity Theory
- **Job satisfaction-** Factors affecting Job satisfaction, Enhancing Job satisfaction.

UNIT 2- CONSUMER BEHAVIOR

- **Consumer Behavior:** Meaning & Nature, Principles & Importance of studying consumer behavior
- **Concept of Advertisement**, Psychological Objectives of advertisement, Attention getting devices used in advertisement

UNIT 3 – COUNSELLING PSYCHOLOGY

- **Meaning, Purpose, and Goals of Counselling**
- **Process of Counselling**
- **Counselor-Client Relationship**

UNIT 4- COUNSELING APPLICATION

- **Family and Couple Counseling**,
- **Counseling to Adolescents**,
- **Pre-marital Counseling**
- **Career Counselling**,
- **Alcohol and Drug Abuse counselling**,
- **Crisis Intervention Counselling**

Books for Reference:

1. Pandit, Kulkarni and Gore (1999), Upayojit Manasashastra, Pimpalapur Pub. Nagpur
2. Barlinge & Latkar (1999), Upayojit Manasashastra, Pimpalapur Pub. Nagpur

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3. Aamodt, M.G. (2001): Industrial Organizational Psychology. India: Cengage Learning.
4. Chadha, N. K. (2007): Organizational Behavior. Galgotia; New Delhi.
5. Greenberg, J. and Baron R. A. (2007): Behavior in Organization. (9thEd), India; India; Dorling Kindersley.
6. Luthans, F. (2009): Organizational Behaviour. New Delhi McGraw Hill.
7. Nimbalkar, K. P. (2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha
8. Muchinsky, P. (2006): Psychology applied to work: An introduction to industrial and organizational psychology, N C; Hyper graphic Press.
9. Pareek, U. (2010): Understanding organizational behaviour. Oxford University Press.
10. Belkin G.S. (1988) Introduction to counselling, W.G. Brown Publisher
11. Nelson J. (1982) The Theory and Practice of Counselling Psychology, New York, Holt Rinehart & Winston
12. S. Narayana Rao, (1991) Counselling and Guidance, Tata McGraw hill Publication

Psychology Practical (Course Code – PSYMJPR02)

(2 Classes per Week) (Batch Size- 16 Students)

• **Tests & Experiments (Any FOUR)**

Teaching Hours- - 12

1. Occupational Stress Index
2. Work Motivation Questionnaire
3. Organizational Climate Inventory
4. Job Satisfaction Scale
5. Occupational Self Efficacy Scale
6. Mental Work and fatigue
7. Counseling Need Scale
8. Aptitude Test/Battery
9. Interest Inventory
10. Test Parenting Style/Parent-Child Relationship

• **Group Visit to any Organization (Compulsory)**

SCHEME OF EXAMINATION

-Theory Paper- Max. Marks- 40

-Time- 2 Hours

- Distribution of Marks & Pattern of Questions – Theory Examination:

- | | |
|---|---------|
| Q. 01- Long Answer Question with one Option | 8 Marks |
| Q. 02- Long Answer Question with one Option | 8 Marks |

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| Q. 03- Two Short Notes Question with one option | 8 Marks |
| Q. 04- Two Short Notes Question with one option | 8 Marks |
| Q. 05- 08 Very Short Answer Question (Compulsory) | 8 Marks |

-Practical Examination- Max. Marks- 40

-Time- 2 Hours

-Distribution of Marks– Practical Examination

| | |
|---|----------|
| Conduct of Experiment/Test (External Examiner) | 10 Marks |
| Report of Experiment/Test (Internal Examiner) | 10 Marks |
| Viva-Voce (Test/Experiment) (External Examiner) | 10 Marks |
| Record Book (Internal Examiner) | 10 Marks |

INTERNAL ASSESSMENT (20 Marks)

DISTRIBUTION OF THEORY INTERNAL ASSESSMENT - (Max. Marks- 10):

| | | | |
|---|-------------------------|---|------------------|
| 1 | Activity (Any 2) | | 3 Marks for each |
| | 1.1 | Reading (Issues related to Applications of Counseling) | |
| | 1.2 | Assignment/Presentation/Role Play/GD (1. Advertisements OR 2. Counseling Process/Goals) | |
| | 1.3 | Participative/Chart Making Activity on any given topic | |
| 2 | Classroom Participation | | 2 Marks |
| 3 | Attendance | | 2 Marks |

DISTRIBUTION OF INTERNAL ASSESSMENT (Max. Marks- 10):

| | | |
|---|---|---------|
| 1 | Activity) Assignment- Psychological Experiments/Instruments/Tests | 3 Marks |
| 2 | Conduct at Practical Lab | 3 Marks |
| 3 | Laboratory Participation | 2 Marks |
| 4 | Attendance | 2 Marks |

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RASTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

**SYLLABUS FOR
B. A. (CBCS)**

Subject - PSYCHOLOGY

Class – THIRD YEAR

**TO BE IMPLEMENTED FROM
THE SESSION 2024-25**

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B.A. PSYCHOLOGY SEMESTER 5
COURSE TITLE: Research & Statistics in Psychology

COURSE OUTCOMES:

1. Analyze the basic concepts of statistics in psychology
2. Explore parametric and non- parametric statistical tools for analysis and interpretation.
3. Illustrate hypothesis testing by use of inferential tools.
4. Apply qualitative data analysis for in depth explorations.

Theory Course - (4 Classes per Week)

UNIT 1- STATISTICS-I

- Data: Grouped & Ungrouped
- Frequency Distribution
- Graphical Representation- Frequency Polygon

UNIT 2 – STATISTICS – II

- Measures of Central Tendency- Mean, Mode, Median, Computation in Grouped & Ungrouped Data
- Measures of Dispersion: Computation Standard Deviation (Grouped & Ungrouped Data), Quartile Deviation (Grouped Data)

UNIT 3 : STATISTICS- III

- Test of significant difference- t Test, Chi Square

UNIT 4 : STATISTICS- IV

- Correlation- Concept, Types, Computation of Correlation Coefficient through Product-Moment Correlation
- Normal Probability Curve- Properties, Concept of Kurtosis & Skewness
- One Way ANOVA (Concept)

Books for Reference:

- Broota K.D. (1992) experimental Design in Behavioral Research, New Delhi, Wisely Eastin
- Minium, E.W, King B.M. & Bear G. (1993) Statistical Reasoning in psychology and Education, New York, Jhon Wiley
- Siegel S. (1994) Non Parametric Statistics, New York, Mc Graw hill
- Garret, H.E. (1966) Statistics in Psychology and Education, New York, David Mckay
- Mangal (2002), Statistics in Education & Psychology, Prentice Hall India

Psychology Practical (Course Code – PSYMJPR02)
(2 Classes per Week) (Batch Size- 16 Students)

- **Theoretical Concepts related to Research-** Sample, Sampling methods, Hypothesis, Problem, Concept of Null Hypothesis, Type 1 Type 2 Errors, Levels of significance
- **Research Project (Group of 5 students)**

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SCHEME OF EXAMINATION

-Theory Paper- Max. Marks- 40

-Time- 2 Hours

- Distribution of Marks & Pattern of Questions – Theory Examination:

| | |
|---|---------|
| Q. 01- Long Answer Question with one Option | 8 Marks |
| Q. 02- Long Answer Question with one Option | 8 Marks |
| Q. 03- Two Short Notes Question with one option | 8 Marks |
| Q. 04- Two Short Notes Question with one option | 8 Marks |
| Q. 05- 08 Very Short Answer Question (Compulsory) | 8 Marks |

-Practical Examination- Max. Marks- 40

-Time- 2 Hours

-Distribution of Marks– Practical Examination

| | |
|---|----------|
| Viva on Research Project (External Examiner) | 10 Marks |
| Viva on Research Methodology (External Examiner) | 10 Marks |
| Report of Research Project (Internal Examiner) | 10 Marks |
| Participation in Research Project (Internal Examiner) | 10 Marks |

INTERNAL ASSESSMENT (20 Marks)

DISTRIBUTION OF THEORY INTERNAL ASSESSMENT - (Max. Marks- 10):

| | | | |
|---|-------------------------|--|------------------|
| 1 | Activity (Any 2) | | 3 Marks for each |
| | 1.1 | Reading (02 Research Papers) | |
| | 1.2 | Assignment/Presentation (Research Methodology) | |
| | 1.3 | Participative/Chart Making Activity on any given topic | |
| 2 | Classroom Participation | | 2 Marks |
| 3 | Attendance | | 2 Marks |

DISTRIBUTION OF INTERNAL ASSESSMENT (Max. Marks- 10):

| | | |
|---|---|---------|
| 1 | Assignment- Psychological Experiments/Instruments/Tests | 3 Marks |
| 2 | Conduct at Practical Lab | 3 Marks |
| 3 | Participation in Research Work | 2 Marks |
| 4 | Attendance | 2 Marks |

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B.A. PSYCHOLOGY SEMESTER 6

COURSE OUTCOMES:

1. Understand the problems in defining and measuring 'abnormality' and explain different models of abnormality.
2. Critically evaluate approaches to the treatment of psychological health problems.
3. Describe and evaluate the criteria used in the classification and diagnosis of personality disorders, mental illness, and developmental disorders.
4. Demonstrate an understanding of the psychotherapy as they relate to treatment and prevention modalities.

UNIT 1- INTRODUCTION TO ABNORMAL PSYCHOLOGY

- The Concept of Normality and Abnormality
- Approaches to Abnormality- Statistical-Evaluative-Practical Approach
- Classification of abnormal behavior: DSM V
- Childhood Disorder- Introduction to ADHD, LD, Autism

UNIT 2- PSYCHOLOGICAL DISORDER – 1

- Anxiety Disorder - Panic Disorder, Phobias, Obsessive Compulsive Disorder, Generalized Anxiety Disorder
- Psychosomatic Disorders- Conversion Reaction, Hypochondriasis
- Dissociative Disorder: Amnesia, Fugue Stages, Multiple Personality Disorder

UNIT 3- PSYCHOLOGICAL DISORDER – 2

- Mood Disorder: Major Depression, Bipolar Affective Disorder
- Schizophrenia: Primary Symptoms of Schizophrenia. Types of Schizophrenia.

UNIT 4 – PSYCHOTHERAPIES

- Psychoanalytical Therapy
- Cognitive Approach: REBT, CBT
- Humanistic Approach: Client-Centered Therapy
- Behavioral Approach: Operant Conditioning, Behavior Modification
- Indian Approach: Patanjali's Ashtang Yoga

Books for Reading :

- Lamm A. (1997) Introduction to Psychopathology, New York, sage
- Buss A.A. (1999) Psychopathology, N. Y., Jnon wiley
- Sarason I.G. & Sarason B.R. (1993) Abnormal Psychology- The Problem of Maladaptive Behaviour, 7th edition, prentice Hall, New York
- प्रा. श्री. पंडित, डॉ कुलकर्णी डॉ गोरे, (1999) उपायोजित मानसशास्त्र , पिंपळापुरे अँड कं. पब्लिशर्स, नागपूर

Psychology Practical

(2 Classes per Week) (Batch Size- 16 Students)

- **Tests & Experiments (ANY Four)**
 1. Test on Anxiety
 2. Positive Mental Health Scale
 3. Mental Health Scale
 4. Well Being Scale
 5. Psychopathology Scale
 6. Test on LD/ADHD
 7. Problem Behavior Checklist
 8. Defense Mechanism Inventory
 9. Scale on Depression
 10. Coping Strategies Scale

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SCHEME OF EXAMINATION

-Theory Paper- Max. Marks- 40

-Time- 2 Hours

- Distribution of Marks & Pattern of Questions – Theory Examination:

| | |
|---|---------|
| Q. 01- Long Answer Question with one Option | 8 Marks |
| Q. 02- Long Answer Question with one Option | 8 Marks |
| Q. 03- Two Short Notes Question with one option | 8 Marks |
| Q. 04- Two Short Notes Question with one option | 8 Marks |
| Q. 05- 08 Very Short Answer Question (Compulsory) | 8 Marks |

-Practical Examination- Max. Marks- 40

-Time- 2 Hours

-Distribution of Marks– Practical Examination

| | |
|---|----------|
| Conduct of Experiment/Test (External Examiner) | 10 Marks |
| Report of Experiment/Test (Internal Examiner) | 10 Marks |
| Viva-Voce (Test/Experiment) (External Examiner) | 10 Marks |
| Record Book (Internal Examiner) | 10 Marks |

INTERNAL ASSESSMENT (20 Marks)

DISTRIBUTION OF THEORY INTERNAL ASSESSMENT - (Max. Marks- 10):

| | | | |
|---|-------------------------|--|------------------|
| 1 | Activity (Any 2) | | 3 Marks for each |
| | 1.1 | Case Study Activity | |
| | 1.2 | Speech on given topic (Ashtang Yog, REBT) | |
| | 1.3 | Role Play/ GD (Topic- Psychological Disorder) | |
| | 1.4 | Participative/Chart Making Activity on any given topic | |
| 2 | Classroom Participation | | 2 Marks |
| 3 | Attendance | | 2 Marks |

DISTRIBUTION OF PRACTICAL INTERNAL ASSESSMENT (Max. Marks- 10):

| | | |
|---|---------------------------|---------|
| 1 | Assignment on given topic | 3 Marks |
| 2 | Conduct at Practical Lab | 3 Marks |
| 3 | Laboratory Participation | 2 Marks |
| 4 | Attendance | 2 Marks |

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