





RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY

(Established by Government of Central Provinces Education Department by Notification No. 513 dated the 1st of August, 1923 & presently a State University governed by Maharashtra Universities Act, 1994)

SYLLABUS

FOR THE

MASTER OF SOCIAL WORK (MSW) PROGRAMME

For

First, Second, Third and Fourth Semesters (w.e.f. 2022-23 Academic Session)

(Semester Pattern) (Choice Based Credit System And Learning Outcomes-Based Curriculum Framework LOCF)

Submitted By-

BOARD OF STUDIES SOCIAL WORK

Rashtrasant Tukadoji Maharaj Nagpur University

Break Gross

Ex 2022

Master of Social Work (MSW) Semester –I Discipline Core Course Paper I (MSW1T1)

Perspectives of Social Work Practice

Learner Objectives:

- 1. To develop knowledge of history and development of social work in India and abroad.
- 2. To understand the concept, definition, objectives and functions and methods of social work.
- 3. To develop understanding about the different fields of social work.
- 4. To understand the current trends of social work practice in India.
- 5. Various social movement's contribution of the social work practice in India.
- 6. To understand the different ideological perspectives of social work practice in India.

Unit 1. History and Development of Social Work in India and Abroad:

History and Development of social work education, concept of Charity, Philosophy of social work, types of social work, Development oriented social work.

Unit 2. Social Work Activism

Concept of social work, its Definitions, Objectives of social work and Functions of Social Work, and Brief introduction to Methods of Social Work, Code of Professional Ethics, .

Unit 3. Social Work Practice in India:

Basics Concepts: Social welfare, Social Service, Social change, Social Action, Social development, Social exclusion, Conflict oriented approach, Therapeutic approach, briefly introduction to the field of social work practice.

Unit 4. Ideological Perspectives of Social Work

- 1). Ideologies of social reform movements, Social movements and development perspectives-of backward working class movements, Tribal movements,
- 2) Ideological Perspectives of Gandhian approach, Mahatma Jyotiba Phule, Chhatrapti Shahu, Dr. Babasaheb Ambedkar thoughts, Marxist, and Feminist
- 3. Concept of human right and their laws. Meaning and concepts social indicators. Concept of Human development index,

Recommended Readings:

- 1. Batra, Nitin (2004) Dynamics of Social Work in India, Jaipur: Raj Publishing House.
- 2. Bhattacharya, Integrated Approach to Social Work in India, Jaipur: Raj Publishing House.
- 3. Bradford, W. Sheafor, Charles, R. Horejsi, Gloria A. Fourth Edition (1997) Techniques and Guidelines for Social Work, London: Allyn and Bacon, A Viacom Company.
- 4. Dasgupta, Sugata (1964) Towards a Philosophy of Social Work in India, New Delhi: Popular Book Services.
- 5. Desai, Murali (2002) Ideologies and Social Work: Historical and Contemporary Analysis, Jaipur: Rawat Publication.
- 6. Diwakar, V. D. (1991) Social Reform Movement in India, Mumbai: Popular Prakashan.
- 7. Dubois, Brenda, Krogsrud, Karla, Micky Third Edition (1999) Social Work An Empowering Profession, London: Allyn and Bacon.
- 8. Feibleman, J.K. (1986) Understanding Philosophy A Popular History oldeas, New York: Souvenir Press.
- 9. Fink, Arthur E., Wilson, Everett E. Third Edition (1959) The Fields of Social Work, New York: Henry Holt and Company.

- 10. Friedlander, Walter A. (1977) Concepts and Methods of Social Work, New Delhi: Prentice Hall of India Pvt. Ltd.
- 11. Nair, T. Krishnan (1981) Social Work Education and Social Work Practice in India, Madras : Association of School of Social Work in India
- 12. Rameshwari, Devi and Ravi Prakash (2000) Social Work Practice, Jaipur: Mangal Deep Publications.
- 13. Roy, Bailey and Phil, Lee (1982) Theory and Practice in Social Work, London: Oxford Pub. Ltd.
- 14. Sheldon, B., & Macdonald, G., (2010) A Textbook of Social Work, London: Rutledge.
- 15. Singh, R.R. (1985) Field Work in Social Work Education, A Perspective for Human Service Profession, New Delhi: Concept Publishing Company.
- 16. Wadia, A. R. (Ed.) (1961) History and Philosophy of Social Work.
- 17.R R.Gautam R.S. Singh Social Work Method, Practices and Perspectives ISBN-13-9788176781978

Publisher - Harpercollin ASIN 9380836082 Centrum Press 1 june2011

- 18.Samta P.Pandya Theory and perspectives in social work ,publisher Raut publication 1March 2014 ASIN -8151606333 English
- 19.Nitesh Dhavan .Social work perspective philosophy and method s Publisher –Harpercollin ISBN-10

8176781978 ISBN -13 - 9788176781978

Master of Social Work (MSW) Semester –I Discipline Core Course Paper II (MSW1T2) Social Case Work

Learner Objectives:

- 1. To understand the case work method and its application in practice.
- 2. To equip learners with theoretical knowledge for social work with individuals and families.
- 3. To develop competencies in learners to use the method in practice while working with individual clients and families.
- 4. To equip learners with values and skills necessary for case work.
- 1. Social Casework as a Method of Social Work,: Brief introduction to Methods of Social Work; History of case work, Definition of Case work, Components of casework, Principles of Case Work, Models:
 - a. Social diagnosis (Richmond);
- b. Problem solving (Perlman);
- c. Crisis intervention (Rapport);
- 2. The process of Intervention with Client System and Target System:

 Continuous assessment and analysis; c. Psycho-social diagnosis; d. Intervention; e. Follow-up f. Termination; g. Case presentation based on concurrent practice learning.

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- **3. Tools of Working with Individuals and Families:** Intake-record/sheet and the intake interview (client engagement); Case work interview; Homevisit-collateral contacts; Recording and its types narrative, process, Subjective & objective assessment plan(SOAP), Use of casework records as a tool of intervention; Case worker—client relationship; Knowledge of resources (networking); Communication-verbal, non-verbal, Case work Report Writing
- **4. Scope of Casework in Practice &Essentials of Working with Individuals and Families:** i. Working with individuals and families in primary and secondary settings; ii. Social case work & counseling—similarities and differences; iii. Limitations of the method; iv. Skills for working with individuals and families; v. Techniques for working with individuals and families; vi. Qualities of caseworker.

References:

- 1. Aptekar, Herbert (1955) The Dynamics of Casework and Counselling, New York: Houghton Mifflin Co.
- 2. Babara, J.G. (1991) Beyond Case Work, London.
- 3. Biestek, Felix (1968) The Case work Relationship, London :Unwin University Book.
- 4. Fisher, Joe(1978) Effective Case Work Practice—An electric approach, New York: Mac Graw Hill.
- 5. Garrett, Annett (1972)Interviewing— Its Principles a Methods, Family Service Association of America, NewYork.
- 6. Government of India(1987) Encyclopedia in Social Work, New Delhi :Publication Division (SocialWelfareMinistry).
- 7. Hamilton, Gordon (1970) The New York School of Social Work: Theory and Practice of Social CaseWork, NewYork and London: Columbia University Press
- 8. Holis, Florence and Woods, Mary E.(1981) Casework A Psychosoical Therapy, NewYork: Random House.
- 9. Kadushin, Alfred (1990) The Social Work Interview ,NewYork: Colulmbia University Press.
- 10. .Keats, Daphne (2002) Interviewing— A Practical Guide for Students and Professionals, New Delhi: Viva Books Pvt. Ltd
- 11. Lishman, Joyce (1994) Communication in Social Work, New York: Palgrave Mac Millan.

Master of Social Work (MSW) Semester –I Discipline Core Course Paper II (MSW1T2) Social Group Work

Learner Objectives:

- 1. Develop self-awareness and sensitivity as a professional group worker and understand the place of group work in social work practice..
- 2. Understand group work as an instrument to change/development in individual in groups.
- 3. Develop skills to work with different stages and record the process.
- 4. Understand relevance of group in different set up.

- 5. Acquire knowledge required for planning, for conducting activities, and for effective use of program at each stage of group development.
- 6. Acquire understanding of dynamics and development of group work in institutional and community settings.

Learning Outcome:

- 1. To udentify as a professional social worker and conduct oneself accordingly.
- 2. Learner will be able to develop procedural skills, and interaction skills.
- 3. Practice personal reflection and self-correction regarding one's own practice skills, leadership style and outcomes to assure continual professional development.

Units:1 Understanding Concepts of Social Group Work:

i. Concept of group and importance of groups in human lifecycle ii. Definition of social group work iii. Characteristics of social group work, iv. Types of groups in social group work practice. v. Evolution of social group work vi. Application of Group Work in social work settings.

Unit:2 Social Group Work Method:

i. Theories applicable to group work practice: Transactional analysis, Johari Windows ii. Values and Objectives of Social Group Work iii. Principles of Social Group Work; iv. Social group work in different fields v. Role of social worker in different stages of group development vi. Models of intervention.

Unit:3 Group Process:

i. Steps in understanding group process; ii. Analysis of group interaction; iii. Leadership and its development in group process; iv. Communication in group; v. Steps and stages in group formation; vi. Group dynamics: vii. Use of relationship; viii. Conflict resolution; ix. Verbal and non-verbal communication; x. Purposeful creation of environment.

Unit:4 Use of Programme in Social Group Work:

i. Concept of programme; ii. Principles of programme planning; iii. Importance of programme in group work practice; iv. Programme planning and implementation; Importance, types and methods of continuous evaluation. v. Skills in social group work vi. Fishbowl technique. vii. Recording and Report writing as a tool,

Books forReferences::

1. Bhatt R. M. (1960) Records of Group Work Practice in India, Baroda University: Baroda. Delhi School of Social Work (1958) Field Work Records in Group Work and Community organization, London Tavistock Publication.

2. Barhard(1975) The Use of Groups in Social Work Practice, USA: Routlede & Kegan Paul.

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- 3. Doel, Mark & Sawda, Catherine(2003) The Essentials of Group Worker, London :Jessica Kingsley Pub.
- 4. Douglas, Tom(1976):Group Process in Social Work a Theoretical Synthesis, New York :John Wiley & Sons.
- 5. Dougles Tom(1978) Basic Group Work, London: Tavistock Publication.
- 6. Golpelwar, Banmala(2010): Social Group Work. Nagpur: Indian Institute of Youth Welfare
- 7. Klein Josphine(1967) The Study of Groups, London: Routledge and Kegan Paul.
- 8. Konopka Gisela(1954) Group Work in Institution, New York: Associate Press.
- 9. Konopka Gisela(19833rd Ed.), Social Group Work :a Helping Process, New Jersey :Prentice Hall.
- 10. Northen, Helen (1969) Social Work with Groups, New York: Columbia University Press.
- 11. Northen, Helen, et al(1976) Theory of Social Work with Groups, New York:Columbia University Press.
- 12. Phillips, Helen (1962) Essentials of Social Group Work Skills, New York: Associate Press
- 14. Reid E.Kenneth(1996)Social Work Practice with Groups -A Clinical Perspective USA: Brook/Cole Publishing Company.
- 14. Ryland and Wilson (1949) Social Group Work Practice. USA: Houghton Mifflin Co.
- 15. Shiddique H. Y. (2008) Group Work: Theories and Practice New Delhi: Rawat Publication
- 16. Trecker, Herleigh (1955) Group Work- Foundations & Frontiers, New York: Whiteside & William Marrow &Co.
- 17. Trecker, Herleigh(1970) Social Group Work -Principles and Practices ,New York: Associate Press.

Singh Surendra & Mishra P.D. () Samaj Karya

Mudgal S.D. () Introduction to Social Work

Prayaagdeen Mishra () Samajik Samuhik Karya

Tanksale Prajakta () Gatkarya bhag 1 & 2.

Master of Social Work (MSW) Semester –I Discipline Specific Course Paper IV (MSW1T4)

Psychology for Social Work

Learner Objectives:

- 1. Understand the fundamental components of human behaviour.
- 2. Gain insight into factors contributing to development of personality.
- 3. Understand growth and development of individual at various stages in the life span.
- 4. Understand the processes of adjustment and not-adjustment and its impact on human behavior.
- 5. To develop a better Understanding of Psychopathology, seen at different developmental stages
- 1. **Nature and Scope of Human Behaviour: Psychology**: Origin and definitions of Psychology; Concept of Human Behaviour; Branches of psychology: Abnormal, Clinical, Industrial, Experimental, Developmental, Child Psychology, Social Psychology and counselling Psychology. Mental health:concept, components and and importance
- 2. **Psychological Processes in Behaviour:** Motivation: Definition, Motivational cycle, Types of motives, Conflict. Emotion: types and Emotional Intelligence, Intelligence: Definition, IQ and Mental Age, Thinking: Problem Solving and Decision Making
- 3. **Theories of Human Development**: Freud's Psycho-Sexual Development theory; Erickson's Psycho-social Development theory, Adler's theory, Maslow's self Actualization theory and Rollo may's Existential theory.
- 4. **Adjustment Intervention & Psychopathology:** Concept of adjustment; Stress Management and coping. **Psychopathology:** A. Childhood Disorders- Autism, ADHD Symptoms etiology & Management. Behavioural problems in children, B. Personality disorders, C. Old Age disorders -Alzheimer's and Senile Dementia

Intenal Assessment –Based on conduct and submission of report of any Psychological Test or Seminar on any one topic from syllabus.

Recommended Readings:

1. Clifford, Morgen and King, Richard (1975) Introduction to Psychology, New York: McGraw Hill Inc.

2. Colman, James C. & Broen William E. (1972) Abnormal Psychology and Modern life, India: D. B. Taraporevala Sons.

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- 3. Gardner, Murphy (1964) An Introduction to Psychology, Calcutta: Oxford and IBH Publishing Co.
- 4. Gilbreth, L. M. (2007) The Psychology Management, Intellectual Book Bureau
- 5. Hurlock, Elizabeth (1976) Personality Development, New Delhi :Tata McGraw Hill Publishing Co. Ltd.
- 6. Mangal, S. K.(2007) General Psychology, New Delhi: Sterling Publisher Pvt. Ltd.
- 7. Munn, Norman (1962) Introduction to Psychology, Boston: Houghton Mifflin Company
- 8. Sherif, Muzafer and Sherif, Carolyn W. (1969) Social Psychology, New York: Harper and Row.
- 9. Gilbreth, L. M. (2007) The Psychology Management, Intellectual Book Bureau
- 10 . वैकासिक मानसशास्त्र कुमठेकर,बोराडे,देसाई आणि गोळविळकर २००८ वैकासिक मानसशास्त्र पुणे, विद्यार्थी गृह प्रकाशन
- 11. कतरणी स्पूर्ती २०१३ मानसशास्त्र मानवी वाढ़ आणि विकास ,नागपुर साईनाथ प्रकाशन
- 12. सपरा रेखा , २००८ मानव विकास एक परिचय नई दिल्ली विश्वभारती पहिलकेशन्स
- 13. इनामदार मुकुंद्र,गाडेकर केशव,पाटील अनघा २००६ आधुनिक सामान्य मानसशाङ्त्र, पुणे,डायमंड पहिलकेशन ISBN--819028584
- 14. देशपांडे एसकृ२००६ सामान्य मानसशास्त्र, पुणे,उन्मेष प्रकाशन
- 15. सिंह अञ्नकुमार व सिंह आशीषकुमार २००६,आधुनिक सामान्य मनोविज्ञान, नई दिल्ली ,मोतीलाल बनारसीदास
- 16. कळके माधवी आणि सातुंखे दीपक जुलै २०१० मानसशास्त्राचीमूलतत्वे, पुणे, निराळी प्रकाशन
- 17. कतरणी स्फूर्ती मानसभास्त्र २०१० नागपुर, साईनाथ प्रकाशन
- 18. पंडितर, वि ,कुलकर्णी अ.वि. व गोरे चं. वि. २०१०सामान्य मानसशास्त्र, नागपुर, पिंपलापुरे प्रकाशन
- 19. तडसरे वी, डी. आणि हिरवेआर, एस, २००१० मानसशास्त्राची मूलतत्वे, कोल्हापुर फडके प्रकाशन,