

A man with his arms outstretched, standing against a dark, starry background with a nebula on the right. The text is overlaid on this image.

INTRODUCING UNIVERSAL HEALTH ELEMENTARY COURSE FOR EVERYONE



A PARADIGM SHIFT TO EARN HEALTH WHILE LEARNING
Active Regenerative Approach

is not any medical treatment, but a systematic scientific
programming of our subconscious mind with
Universal Circuit of Body-Keeping . . .

to be not only Disease Free - but to be Healthy & Stay Healthy

A scientific program developed under studies, research, efforts and
a short course under continuing education by RTMNU, Nagpur

Dr. Sanjay Gadekar

Senior General and Laparoscopic Surgeon

What you will learn?

You will learn tUniversal Health process to keep up and maintain natural health.

You will learn to program your subconscious mind to act under the universal protocol of body keeping circuit in your daily living. This means you learn in a scientific, structured way that delivers true results. UMS program focuses on actually human transforming methodology and not just imparting facts and knowledge.

Our easy to follow fluent body-keeping program shapes your mindset, beliefs and habits in a way where change is guaranteed at the end of the program. Our mission is to give you the very best body-keeping program in the world.

UNIVERSAL HEALTH (Elementary Course)

Launched by : RASHTRASANT TUKDOJI MAHARAJ NAGPUR UNIVERSITY

Under Fit India Campaign and UGC Guidelines

How UMS will Benefit the Students & Staff

- Makes one health qualified in addition to education qualifications
- Helps improve own health index
- Persistence of higher health index
- Improve good placement chances being certified health qualification
- Helps keep and kick diseases away
- Helps lead healthy life
- Helps make career as health promoter
- Helps live not only disease-free but healthy life
- Helps improve efficacy of medical treatments, if any.
- Helps improve healthy living confidence
- Helps improve overall personality
- Helps saving cost of ill health expenses and hospitalizations
- Helps management of peaceful health
- Helps one get self health assurance, equally needed like a health insurance

Institute Benefits-

- Health qualified students and staff
- Healthier, energetic and more smarter students
- Can reduce medical expenses
- Healthy atmosphere at institution
- Health status auditing helps timely guidance for health improvement
- Helps reduce sick leaves
- Helps improve overall performance of the institute

Health Quotes by Dr. Sanjay Gadekar-

- Health can't be donated, transferred, purchased but to be learned and earned.
- Our body is taking care of us round the clock, are you taking care of your body?
- Health is everybody's birth right, but can get only after learning it.



• UMS Objectives

- Health for all- Health of all- Health by all
 - To promote cancer resistant and pandemic resistant human community
 - To minimise the menace of persistently increasing degenerative diseases
 - To promote health status auditing at work places and institutions
- to promote Universal health

• UMS Goals

- To help people become not only disease-free but health and stay healthy
- To make everybody health qualified in addition to their educational qualifications
- To qualify people to help them improve and maintain their health index at highest
- To induce healthy living confidence and eliminate fear of diseases in people
- To promote healthy ageing with soothing lifespanSolution

In addition to passive treatments to be given by doctors and taken by people under medical science, it is a need of the time to learn Active Regenerative Health Approach by everybody under Universal science to make their own natural health and support medical therapies to be more effective and compete.

Course Outline

- It's an online course to be executed under ICT applications.
- 4 Credit points will be earned by the students who complete the course.
- Course Duration 60 Hours
- Online assessment of the study progress.
- Online examination.

There is dedicated YouTube channel UMS HEALTH to inform and educate people about active regenerative approach and Universal health.

There is dedicated website www.umshealth.live to guide about diseases and disease management for the people to help them get homely guidance. There can't be doctor at every home but UMS can be.

[CLICK HERE TO REGISTER](#)

VISIT THE WEBSITE CLICK HERE

www.umshealth.live

For any queries - contact us:

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